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Innate nerves run all the vital functions of innervation, assimilation, circulation and respiration when we are asleep or awake. Dreams, whether remembered or not, are sensations of the innate nerves.

All diseases are but the result of deranged nerves. Ninety-five per cent of these are caused by vertebral luxations which impinge nerves. These displacements may be caused by accidents while we are awake or asleep, or by poisons from decaying animal or vegetable matter, whether taken in by inhalation, food, drink, or by the outrageous practice of the physician who inserts vaccine poison in a healthy body.

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**Secretary of The Palmer School and
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How Psychic Pictures are Materialized

SUGGESTION

The New Psychology Magazine

FOR THINKERS


September

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1905

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VOL. XV.

CHICAGO, SEPTEMBER 1, 1905.

No. 3

How Psychic Pictures Are Made Realities by Auto-Suggestion

By HERBERT A. PARKYN, M.D., Editor SUGGESTION, and Medical Superintendent Chicago School of Psychology, 4020 Drexel Boulevard, Chicago, Ill.

WHAT are your mental or psychic pictures like? Have you ever given a thought to the fact that you are continually influenced for good or for bad by your mental pictures? No? Then I would advise you hereafter to pay some attention to the mental pictures you conjure in your mind every day of your life, for they play an important part in you life and in your destiny, and can be made to play a still more important part and enable you to shape your destiny if you will learn to control them voluntarily.

Have you never seen a psychic picture of yourself playing a weak, impotent, fearful part, with everything going against you? And have you noticed when you have persisted in drawing up these fear-thought pictures that everything seemed to go wrong with you, that they depressed you and that the very fears of your mental pictures seemed to materialize?

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